

# SALLY THORNTON

 @SallyThornton

CEO, Forshay & WorkLabAccelerator

## HOW TO ROBOT-PROOF YOURSELF

**FEAR:** Robots are coming!

**ANSWER:** ???

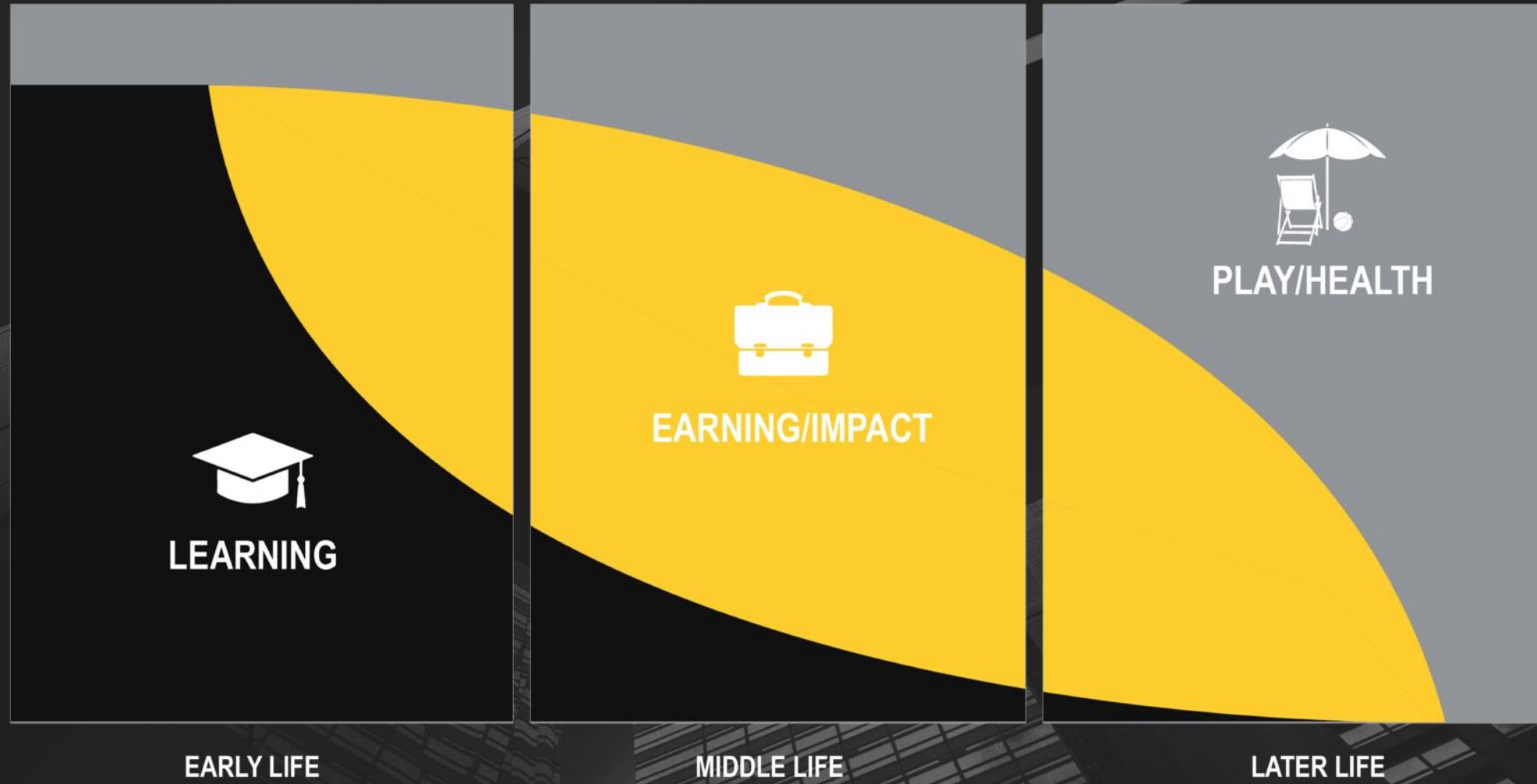
Changing where & how we learn...

10%

80%

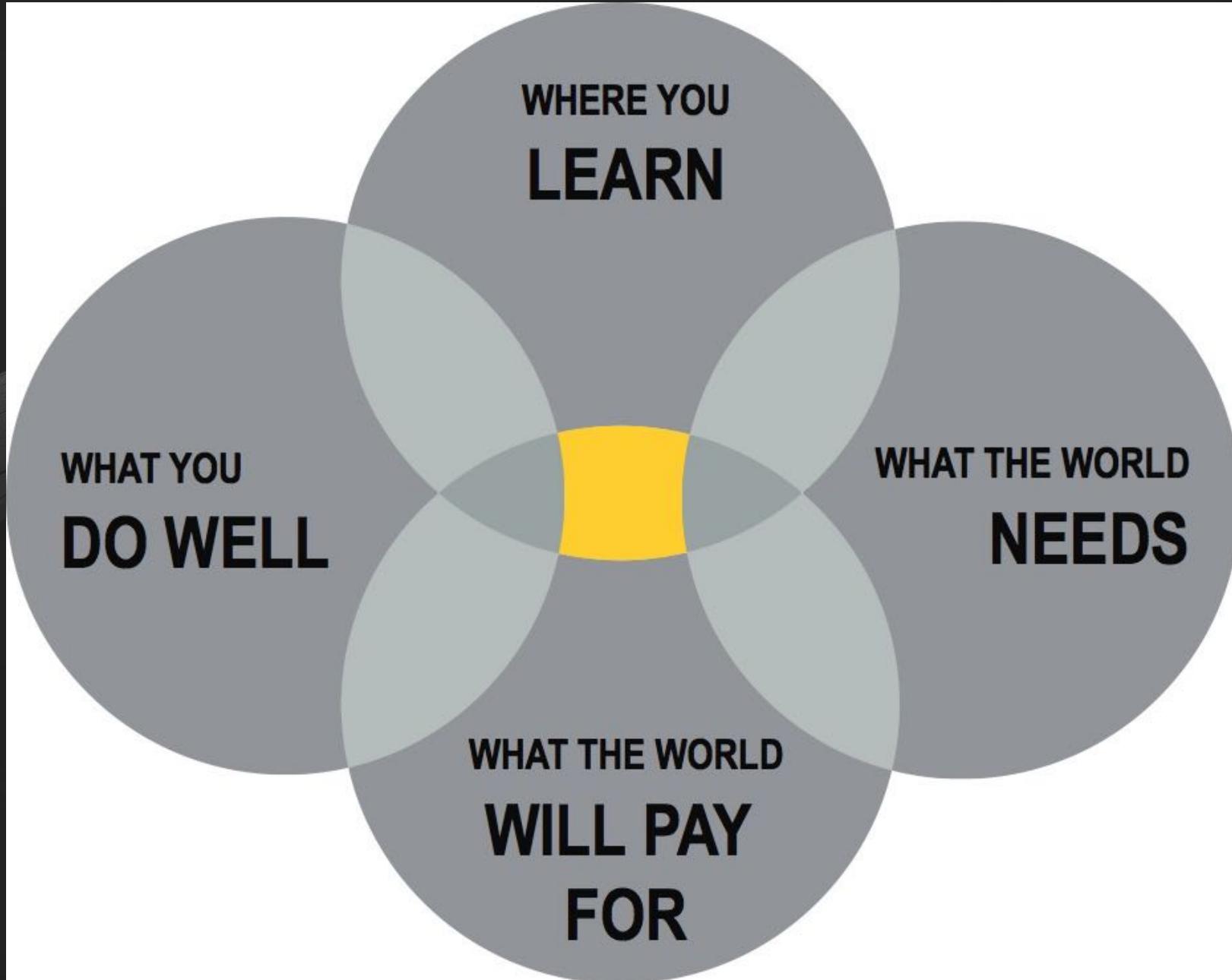
1910

1950





10 20 30 40 50 60 70 80... 100



# WHAT CAN **I** CONTROL?



SKILLSHARE

moodle

Udemy

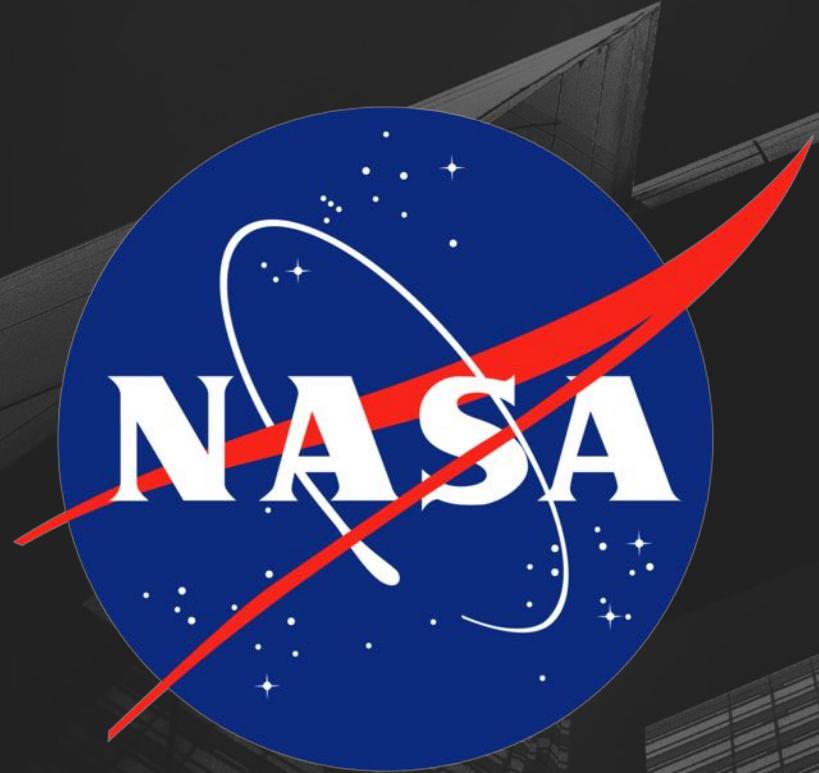
versal

KHAN  
ACADEMY

COURSEsites  
by Blackboard

edX

coursera



You 

# DEATH OF THE EXPERT



# HOW WE WORK

# THE SCIENCE OF BRINGING YOUR **BEST BRAIN** TO WORK



SLEEP



EXERCISE



MEDITATE

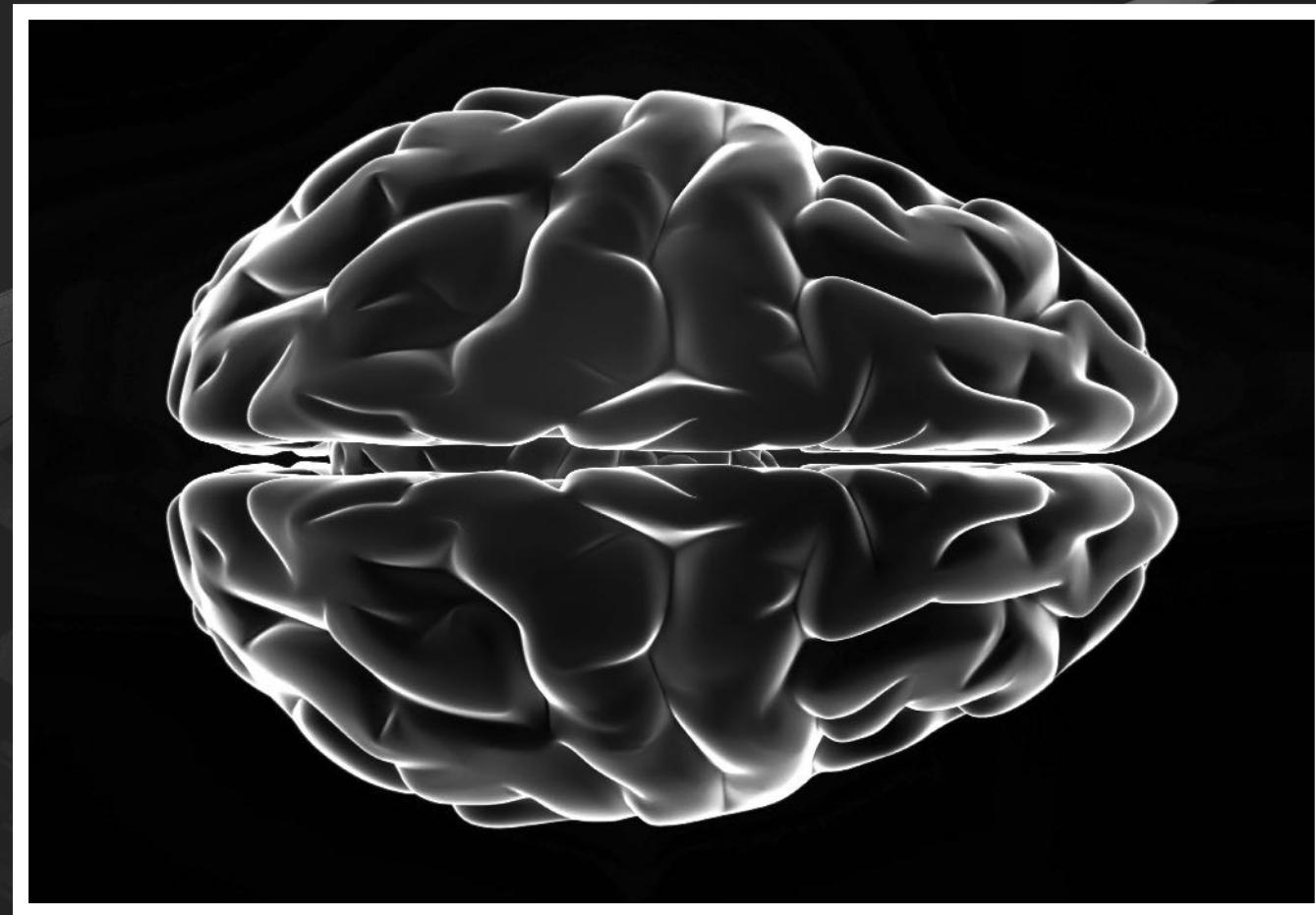
# JOB CRAFTING



# POSITIVE PSYCHOLOGY MATTERS

# RETICULAR ACTIVATING SYSTEM



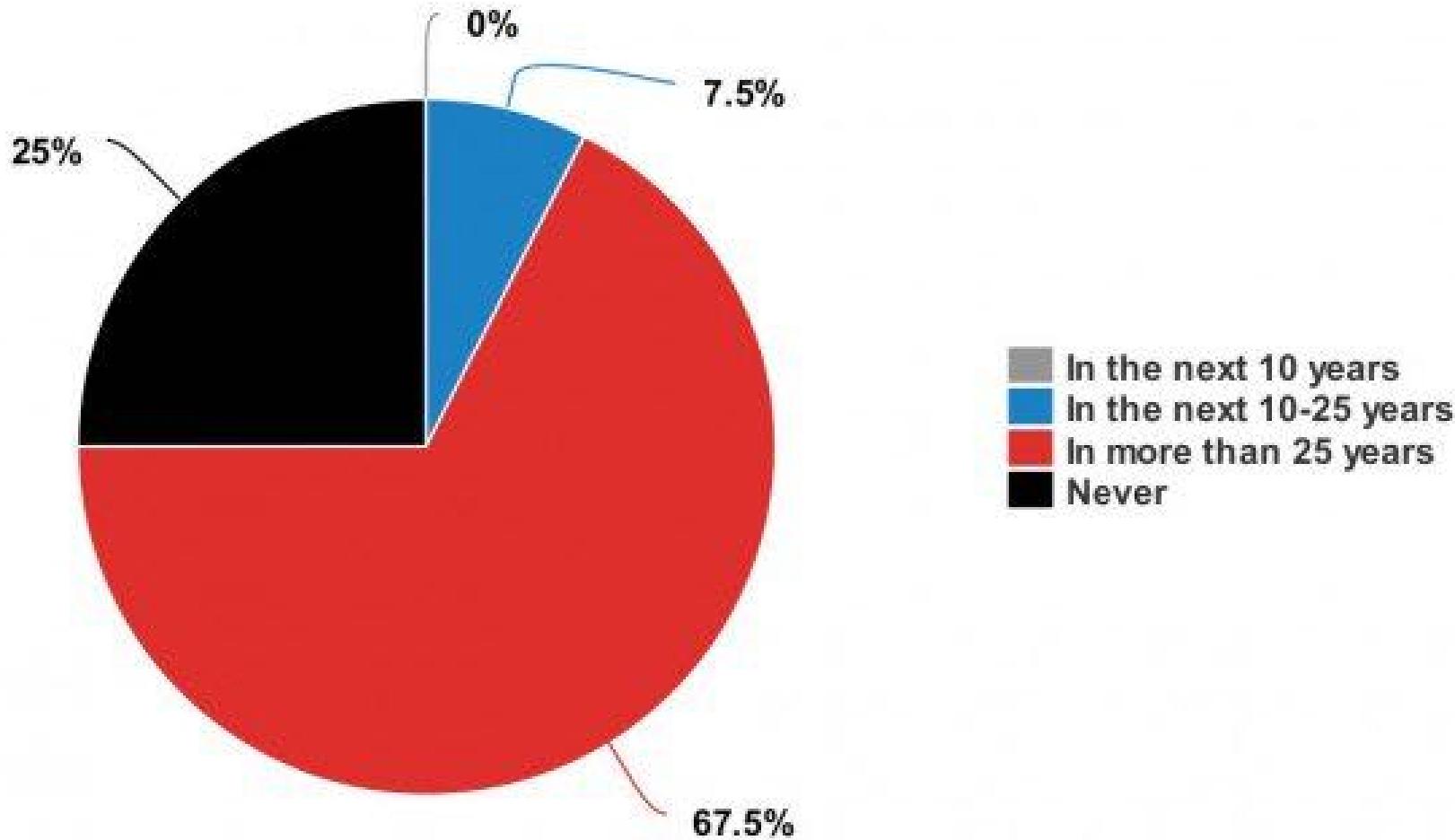


# DEATH OF BUSY

# FOLLOW THE LEADER(S)

## When Will Superintelligence Arrive?

A survey of AI researchers shows they think it's still a long way off.





# THANK YOU!

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